

कक्षा - 7 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class - 7

कक्षा - 7 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

Subject-wise Weekly Program Transmission Schedule of Class - 7

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
विज्ञान	गणित	विज्ञान	गणित	विज्ञान	गणित	शारीरिक शिक्षा
भूगोल	हिन्दी	संस्कृत/ उर्दू (उर्दू)	इतिहास	हिन्दी	संस्कृत/ उर्दू (उर्दू)	राजनीति विज्ञान
English	Geography	History	English	Political Science	Geography	Activities Mathematics/ Science
Mathematics	Science	Mathematics	Science	Mathematics	Science	History
Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to the PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/29.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Thursday from 2.00 pm to 3.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



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कक्षा - 7 की मासिक कार्यक्रम प्रसारण सारणी
Monthly Program Transmission Schedule of Class - 7
फरवरी 2023
February 2023

क्र० सं० S. No.	विषय Subject	कार्यक्रम शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time									
				आवृत्ति 1 Cycle 1	आवृत्ति 2 Cycle 2	आवृत्ति 3 Cycle 3	आवृत्ति 4 Cycle 4	आवृत्ति 5 Cycle 5	आवृत्ति 6 Cycle 6	आवृत्ति 7 Cycle 7	आवृत्ति 8 Cycle 8	आवृत्ति 9 Cycle 9	आवृत्ति 10 Cycle 10
बुधवार, 1 फ़रवरी 2023 Wednesday, 1 February 2023													
1	विज्ञान	पाठ-6: भौतिक एवं रासायनिक परिवर्तन	हिन्दी	12:00 am	2:30 am	5:00 am	7:30 am	10:00 am	12:30 pm	3:00 pm	5:31 pm	8:01 pm	10:31 pm
2	उर्दू	ईदगाह	हिन्दी	12:17 am	2:47 am	5:17 am	7:47 am	10:18 am	12:48 pm	3:18 pm	5:48 pm	8:18 pm	10:48 pm
3	Storytelling/ Value Education	मियाँ गुमसुम और बत्ती रानी-9	हिन्दी	12:45 am	3:15 am	5:46 am	8:16 am	10:46 am	1:16 pm	3:46 pm	6:16 pm	8:46 pm	11:17 pm
4	Creative Activities: Art & Craft	Fun with Paper- Double Spiral from Square	English	1:05 am	3:35 am	6:05 am	8:35 am	11:05 am	1:36 pm	4:06 pm	6:36 pm	9:06 pm	11:36 pm
5	Social science	Ch-1: Tracing Changes Through a Thousand Years	English	1:09 am	3:39 am	6:09 am	8:39 am	11:09 am	1:39 pm	4:09 pm	6:40 pm	9:10 pm	11:40 pm
6	Cultural Heritage: Art, Music & Dance	Kala Utsav 2022 Vocal Music- Classical (Girl)Karnataka	English /हिन्दी	1:33 am	4:03 am	6:33 am	9:03 am	11:34 am	2:04 pm	4:34 pm	7:04 pm	9:34 pm	NA
7	Mathematics	Ch-3: Data Handling (Part-1)	English	1:40 am	4:11 am	6:41 am	9:11 am	11:41 am	2:11 pm	4:41 pm	7:11 pm	9:42 pm	NA
8	Vocational	केश सौंदर्य उपकरणों का परिचय	हिन्दी	2:05 am	4:35 am	7:05 am	9:35 am	12:05 pm	2:35 pm	5:06 pm	7:36 pm	10:06 pm	NA
बृहस्पतिवार, 2 फ़रवरी 2023 Thursday, 2 February 2023													
1	गणित	पाठ-3: आँकड़ों का प्रबंधन भाग -1	हिन्दी	12:00 am	2:29 am	4:59 am	7:29 am	9:59 am	12:29 pm	2:59 pm	5:29 pm	7:59 pm	10:29 pm
2	सामाजिक विज्ञान	पाठ-8: ईश्वर से अनुराग	हिन्दी	12:40 am	3:10 am	5:40 am	8:10 am	10:39 am	1:09 pm	3:39 pm	6:09 pm	8:39 pm	11:09 pm
3	English	English, Ch-7: The invention of vita-wonk, Dad & the Cat & the tree	English	1:10 am	3:40 am	6:10 am	8:40 am	11:10 am	1:40 pm	4:10 pm	6:40 pm	9:10 pm	11:40 pm
4	Science	Ch-5: Acids, Bases, And Salts	English	1:35 am	4:05 am	6:35 am	9:05 am	11:35 am	2:05 pm	4:35 pm	7:05 pm	9:35 pm	NA
5	Vocational	केश सौंदर्य उपकरणों का परिचय	हिन्दी	2:04 am	4:34 am	7:04 am	9:34 am	12:04 pm	2:34 pm	5:04 pm	7:34 pm	10:04 pm	NA
शुक्रवार, 3 फ़रवरी 2023 Friday, 3 February 2023													
1	विज्ञान	पाठ-6: भौतिक एवं रासायनिक परिवर्तन	हिन्दी	12:00 am	2:30 am	5:00 am	7:30 am	10:01 am	12:31 pm	3:01 pm	5:31 pm	8:02 pm	10:32 pm



2	हिन्दी	वसंत-२, पाठ-४: कठपुतली	हिन्दी	12:17 am	2:47 am	5:18 am	7:48 am	10:18 am	12:48 pm	3:19 pm	5:49 pm	8:19 pm	10:49 pm
3	सामान्य जागरूकता	5 Internet Safety Tips for Children	हिन्दी	12:39 am	3:09 am	5:39 am	8:10 am	10:40 am	1:10 pm	3:40 pm	6:11 pm	8:41 pm	11:11 pm
4	Storytelling/Value Education	छोटा कौन बड़ा कौन	हिन्दी	12:40 am	3:10 am	5:40 am	8:11 am	10:41 am	1:11 pm	3:41 pm	6:12 pm	8:42 pm	11:12 pm
5	सामान्य जागरूकता	रौशनी और रंग	हिन्दी	12:44 am	3:14 am	5:44 am	8:15 am	10:45 am	1:15 pm	3:45 pm	6:16 pm	8:46 pm	11:16 pm
6	Social science	Ch-4: Growing up as Boys and Girls	English	1:00 am	3:30 am	6:00 am	8:31 am	11:01 am	1:31 pm	4:01 pm	6:32 pm	9:02 pm	11:32 pm
7	योग	त्रिकोणासन	हिन्दी	1:18 am	3:49 am	6:19 am	8:49 am	11:19 am	1:50 pm	4:20 pm	6:50 pm	9:21 pm	11:51 pm
8	Cultural Heritage: Art, Music & Dance	Kala Utsav - 2022 -Dance-Classical(Girl)Delhi	English /हिन्दी	1:21 am	3:51 am	6:22 am	8:52 am	11:22 am	1:52 pm	4:23 pm	6:53 pm	9:23 pm	11:53 pm
9	Mathematics	Ch-3: Data Handling(Part-1)	English	1:26 am	3:56 am	6:27 am	8:57 am	11:27 am	1:57 pm	4:28 pm	6:58 pm	9:28 pm	11:59 pm
10	Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिन्दी	1:50 am	4:21 am	6:51 am	9:21 am	11:51 am	2:22 pm	4:52 pm	7:22 pm	9:53 pm	NA
शनिवार, 4 फ़रवरी 2023 Saturday, 4 February 2023													
1	गणित	पाठ-3: आँकड़ों का प्रबंधन भाग -1	हिन्दी	12:00 am	2:29 am	4:59 am	7:29 am	9:59 am	12:29 pm	2:59 pm	5:29 pm	7:59 pm	10:29 pm
2	संस्कृत	लोभः नाशाय	हिन्दी	12:41 am	3:11 am	5:41 am	8:11 am	10:41 am	1:11 pm	3:41 pm	6:11 pm	8:41 pm	11:11 pm
3	General Awareness	e-waste management Block-5	English	12:48 am	3:18 am	5:48 am	8:18 am	10:48 am	1:18 pm	3:48 pm	6:17 pm	8:47 pm	11:17 pm
4	Social science	Ch-2: Inside our Earth	English	1:09 am	3:39 am	6:09 am	8:39 am	11:09 am	1:39 pm	4:09 pm	6:39 pm	9:09 pm	11:39 pm
5	Cultural Heritage: Art, Music & Dance	Kala Utsav 2022Vocal Music-Classical(Boy)Bihar	English /हिन्दी	1:28 am	3:58 am	6:28 am	8:58 am	11:28 am	1:58 pm	4:28 pm	6:58 pm	9:28 pm	11:58 pm
6	Science	Ch-5: Acids, Bases, And Salts	English	1:35 am	4:05 am	6:35 am	9:05 am	11:35 am	2:05 pm	4:35 pm	7:05 pm	9:35 pm	NA
7	Vocational	केश सौंदर्य उपकरणों का परिचय	हिन्दी	2:04 am	4:34 am	7:04 am	9:34 am	12:04 pm	2:34 pm	5:04 pm	7:34 pm	10:04 pm	NA
रविवार, 5 फ़रवरी 2023 Sunday, 5 February 2023													
1	Physical Education	COVID 19 Awareness	English	12:00 am	2:30 am	5:00 am	7:30 am	10:00 am	12:31 pm	3:01 pm	5:31 pm	8:01 pm	10:31 pm
2	शारीरिक शिक्षा	योग ओलम्पियाड	हिन्दी	12:20 am	2:51 am	5:21 am	7:51 am	10:21 am	12:51 pm	3:22 pm	5:52 pm	8:22 pm	10:52 pm
3	सामाजिक विज्ञान	पाठ-4: लड़के और लड़कियों के रूप में बड़ा होना (Part-1)	हिन्दी	12:22 am	2:52 am	5:22 am	7:52 am	10:22 am	12:53 pm	3:23 pm	5:53 pm	8:23 pm	10:53 pm
4	सांस्कृतिक विरासत: कला, संगीत और नृत्य	Dance A Way of Expression-1	हिन्दी	12:33 am	3:03 am	5:33 am	8:03 am	10:34 am	1:04 pm	3:34 pm	6:04 pm	8:34 pm	11:05 pm
5	सामान्य जागरूकता	वर्गीकरण- चिप-चॉप	हिन्दी	1:02 am	3:33 am	6:03 am	8:33 am	11:03 am	1:33 pm	4:04 pm	6:34 pm	9:04 pm	11:34 pm
6	सामान्य जागरूकता	रौशनी और रंग	हिन्दी	1:17 am	3:47 am	6:17 am	8:47 am	11:18 am	1:48 pm	4:18 pm	6:48 pm	9:18 pm	11:49 pm



7	Social science	Ch-1: Tracing Changes Through a Thousand Years	English	1:33 am	4:03 am	6:33 am	9:03 am	11:33 am	2:04 pm	4:34 pm	7:04 pm	9:34 pm	NA
8	Vocational	केश सौंदर्य उपकरणों का परिचय	हिन्दी	1:57 am	4:27 am	6:57 am	9:28 am	11:58 am	2:28 pm	4:58 pm	7:28 pm	9:59 pm	NA
9	Vocational	Important tips for good embroidery work (Part B)	English	2:17 am	4:47 am	7:17 am	9:47 am	12:18 pm	2:48 pm	5:18 pm	7:48 pm	10:18 pm	NA
सोमवार, 6 फ़रवरी 2023 Monday, 6 February 2023													
1	विज्ञान	पाठ-6: भौतिक एवं रासायनिक परिवर्तन	हिन्दी	12:00 am	2:30 am	5:00 am	7:30 am	10:00 am	12:30 pm	3:00 pm	5:31 pm	8:01 pm	10:31 pm
2	सामाजिक विज्ञान	पाठ-2: हमारी पृथ्वी के अंदर	हिन्दी	12:18 am	2:48 am	5:18 am	7:48 am	10:18 am	12:48 pm	3:19 pm	5:49 pm	8:19 pm	10:49 pm
3	Storytelling/Value Education	छोटा कौन बड़ा कौन	हिन्दी	12:37 am	3:07 am	5:37 am	8:07 am	10:37 am	1:07 pm	3:37 pm	6:08 pm	8:38 pm	11:08 pm
4	Storytelling/Value Education	आजादी की कहानी-3	हिन्दी	12:41 am	3:11 am	5:41 am	8:11 am	10:41 am	1:11 pm	3:42 pm	6:12 pm	8:42 pm	11:12 pm
5	English	English, Ch-7: The invention of vita-wonk, Dad & the Cat & the tree	English	12:53 am	3:24 am	5:54 am	8:24 am	10:54 am	1:24 pm	3:54 pm	6:24 pm	8:55 pm	11:25 pm
6	Creative Activities: Art & Craft	Fun with Paper- Double Spiral from Square	English	1:20 am	3:50 am	6:20 am	8:51 am	11:21 am	1:51 pm	4:21 pm	6:51 pm	9:21 pm	11:51 pm
7	Mathematics	Ch-3: Data Handling (Part-1)	English	1:24 am	3:54 am	6:24 am	8:54 am	11:25 am	1:55 pm	4:25 pm	6:55 pm	9:25 pm	11:55 pm
8	Vocational	घर पर बनाए हर्बल शैम्पू	हिन्दी	1:48 am	4:18 am	6:49 am	9:19 am	11:49 am	2:19 pm	4:49 pm	7:19 pm	9:49 pm	NA
9	Vocational	Finishing and costing of embroidered Products	English	2:13 am	4:43 am	7:13 am	9:43 am	12:13 pm	2:43 pm	5:14 pm	7:44 pm	10:14 pm	NA
मंगलवार, 7 फ़रवरी 2023 Tuesday, 7 February 2023													
1	गणित	पाठ-3: आँकड़ों का प्रबंधन भाग -1	हिन्दी	12:00 am	2:30 am	5:00 am	7:30 am	10:00 am	12:31 pm	3:01 pm	5:31 pm	8:01 pm	10:31 pm
2	हिन्दी	वसंत-२, पाठ-4: कठपुतली	हिन्दी	12:40 am	3:10 am	5:40 am	8:10 am	10:40 am	1:11 pm	3:41 pm	6:11 pm	8:41 pm	11:12 pm
3	Storytelling/Value Education	गुलज़ार बच्चों के साथ	हिन्दी	1:03 am	3:34 am	6:04 am	8:34 am	11:04 am	1:35 pm	4:05 pm	6:35 pm	9:05 pm	11:35 pm
4	Social science	Ch-2: Inside our Earth	English	1:16 am	3:46 am	6:17 am	8:47 am	11:17 am	1:47 pm	4:17 pm	6:48 pm	9:18 pm	11:48 pm
5	Science	Ch-5: Acids, Bases, And Salts	English	1:35 am	4:06 am	6:36 am	9:06 am	11:36 am	2:07 pm	4:37 pm	7:07 pm	9:37 pm	NA
6	Vocational	केश सौंदर्य उपकरणों का परिचय	हिन्दी	2:05 am	4:35 am	7:05 am	9:35 am	12:06 pm	2:36 pm	5:06 pm	7:36 pm	10:06 pm	NA
बुधवार, 8 फ़रवरी 2023 Wednesday, 8 February 2023													
1	विज्ञान	पाठ-10: जीवों में श्वसन	हिन्दी	12:00 am	2:30 am	5:00 am	7:30 am	10:00 am	12:30 pm	3:00 pm	5:31 pm	8:01 pm	10:31 pm
2	उर्दू	ईदगाह	हिन्दी	12:18 am	2:48 am	5:18 am	7:48 am	10:19 am	12:49 pm	3:19 pm	5:49 pm	8:19 pm	10:49 pm
3	Storytelling/Value Education	I have got 10 little fingers	English	12:46 am	3:16 am	5:47 am	8:17 am	10:47 am	1:17 pm	3:47 pm	6:17 pm	8:47 pm	11:18 pm



4	Social science	Ch-2: New King & Kingdom	English	12:55 am	3:26 am	5:56 am	8:26 am	10:56 am	1:26 pm	3:56 pm	6:26 pm	8:57 pm	11:27 pm
5	Cultural Heritage: Art, Music & Dance	Kala Utsav 2022Vocal Music-Classical(Boy)Tamil Nadu	English /हिन्दी	1:16 am	3:47 am	6:17 am	8:47 am	11:17 am	1:47 pm	4:17 pm	6:48 pm	9:18 pm	11:48 pm
6	Storytelling/Value Education	आजादी की कहानी-1	हिन्दी	1:22 am	3:53 am	6:23 am	8:53 am	11:23 am	1:53 pm	4:23 pm	6:53 pm	9:24 pm	11:54 pm
7	Mathematics	Ch-3: Data Handling(Part-2)	English	1:33 am	4:03 am	6:33 am	9:03 am	11:33 am	2:03 pm	4:34 pm	7:04 pm	9:34 pm	NA
8	Vocational	Personal hygiene and Health	English	1:54 am	4:25 am	6:55 am	9:25 am	11:55 am	2:25 pm	4:55 pm	7:25 pm	9:56 pm	NA

बुधस्पतिवार, 9 फ़रवरी 2023
Thursday, 9 February 2023

1	गणित	पाठ-3: आँकड़ों का प्रबंधन भाग -2	हिन्दी	12:00 am	2:30 am	5:00 am	7:30 am	10:00 am	12:31 pm	3:01 pm	5:31 pm	8:01 pm	10:31 pm
2	सामाजिक विज्ञान	पाठ-1: हजार वर्षों के दौरान	हिन्दी	12:41 am	3:12 am	5:42 am	8:12 am	10:42 am	1:12 pm	3:43 pm	6:13 pm	8:43 pm	11:13 pm
3	English	English, Ch-7: Dad and the cat and the tree	English	1:06 am	3:36 am	6:07 am	8:37 am	11:07 am	1:37 pm	4:07 pm	6:38 pm	9:08 pm	11:38 pm
4	Science	Ch-6: Physical Changes	English	1:31 am	4:01 am	6:31 am	9:01 am	11:32 am	2:02 pm	4:32 pm	7:02 pm	9:32 pm	NA
5	Vocational	केश सौंदर्य उपकरणों का परिचय	हिन्दी	1:54 am	4:25 am	6:55 am	9:25 am	11:55 am	2:26 pm	4:56 pm	7:26 pm	9:56 pm	NA
6	Vocational	Personal hygiene and Health	English	2:14 am	4:44 am	7:15 am	9:45 am	12:15 pm	2:45 pm	5:15 pm	7:46 pm	10:16 pm	NA

शुक्रवार, 10 फ़रवरी 2023
Friday, 10 February 2023

1	विज्ञान	पाठ-10: जीवों में श्वसन	हिन्दी	12:00 am	2:30 am	5:00 am	7:30 am	10:01 am	12:31 pm	3:01 pm	5:32 pm	8:02 pm	10:32 pm
2	हिन्दी	वसंत-२, पाठ-5: मिठाईवाला भाग-1	हिन्दी	12:18 am	2:48 am	5:19 am	7:49 am	10:19 am	12:49 pm	3:20 pm	5:50 pm	8:20 pm	10:51 pm
3	Storytelling/Value Education	नन्हा फ़नकार	हिन्दी	12:42 am	3:12 am	5:42 am	8:12 am	10:43 am	1:13 pm	3:43 pm	6:14 pm	8:44 pm	11:14 pm
4	Social science	Ch-5: Women Change the World	English	12:56 am	3:26 am	5:56 am	8:27 am	10:57 am	1:27 pm	3:57 pm	6:28 pm	8:58 pm	11:28 pm
5	सामान्य जागरूकता	प्रजनन स्वास्थ्य और एच.आई.वी. की रोकथाम	हिन्दी	1:21 am	3:51 am	6:21 am	8:52 am	11:22 am	1:52 pm	4:23 pm	6:53 pm	9:23 pm	11:54 pm
6	Mathematics	Ch-3: Data Handling(Part-2)	English	1:27 am	3:57 am	6:27 am	8:58 am	11:28 am	1:58 pm	4:28 pm	6:59 pm	9:29 pm	11:59 pm
7	Vocational	Finishing and costing of embroidered Products	English	1:48 am	4:19 am	6:49 am	9:19 am	11:50 am	2:20 pm	4:50 pm	7:20 pm	9:51 pm	NA
8	Vocational	घर पर बनाए हर्बल शैम्पू	हिन्दी	2:00 am	4:30 am	7:01 am	9:31 am	12:01 pm	2:32 pm	5:02 pm	7:32 pm	10:02 pm	NA

शनिवार, 11 फ़रवरी 2023
Saturday, 11 February 2023

1	गणित	पाठ-3: आँकड़ों का प्रबंधन भाग -2	हिन्दी	12:00 am	2:29 am	4:59 am	7:29 am	9:59 am	12:29 pm	2:59 pm	5:29 pm	7:59 pm	10:29 pm
2	संस्कृत	पाठ-1: सुभाषित -1	संस्कृत	12:41 am	3:11 am	5:41 am	8:11 am	10:41 am	1:11 pm	3:41 pm	6:11 pm	8:41 pm	11:11 pm



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3	Storytelling/Value Education	एक अनेक और एकता	हिन्दी	1:12 am	3:42 am	6:12 am	8:42 am	11:12 am	1:42 pm	4:12 pm	6:42 pm	9:12 pm	11:42 pm
4	Social science	Ch-3: Our Changing Earth	English	1:19 am	3:49 am	6:19 am	8:49 am	11:19 am	1:49 pm	4:19 pm	6:49 pm	9:19 pm	11:49 pm
5	Science	Ch-6: Physical Changes	English	1:39 am	4:09 am	6:39 am	9:09 am	11:39 am	2:09 pm	4:38 pm	7:08 pm	9:38 pm	NA
6	Vocational	केश सौंदर्य उपकरणों का परिचय	हिन्दी	2:02 am	4:32 am	7:02 am	9:32 am	12:02 pm	2:32 pm	5:02 pm	7:32 pm	10:02 pm	NA
7	Vocational	Design and Tracing Methods (Stencil Method)	English	2:22 am	4:52 am	7:22 am	9:52 am	12:22 pm	2:52 pm	5:22 pm	7:52 pm	10:22 pm	NA
रविवार, 12 फ़रवरी 2023 Sunday, 12 February 2023													
1	Physical Education	COVID 19 Awareness	English	12:00 am	2:30 am	5:00 am	7:31 am	10:01 am	12:31 pm	3:02 pm	5:32 pm	8:02 pm	10:33 pm
2	सामाजिक विज्ञान	पाठ-4: लड़के और लड़कियों के रूप में बड़ा होना (Part-2)	हिन्दी	12:20 am	2:51 am	5:21 am	7:51 am	10:22 am	12:52 pm	3:22 pm	5:53 pm	8:23 pm	10:53 pm
3	Cultural Heritage: Art, Music & Dance	Understanding Our Architectural Heritage	English	12:33 am	3:03 am	5:33 am	8:04 am	10:34 am	1:04 pm	3:35 pm	6:05 pm	8:35 pm	11:06 pm
4	General Awareness	Make Your Own Sundial	English	12:50 am	3:20 am	5:50 am	8:21 am	10:51 am	1:21 pm	3:52 pm	6:22 pm	8:52 pm	11:23 pm
5	योग	ताड़ासन	हिन्दी	12:53 am	3:23 am	5:53 am	8:24 am	10:54 am	1:24 pm	3:55 pm	6:25 pm	8:55 pm	11:26 pm
6	Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-6	हिन्दी	12:57 am	3:27 am	5:57 am	8:28 am	10:58 am	1:28 pm	3:59 pm	6:29 pm	8:59 pm	11:30 pm
7	सामान्य जागरूकता	रोशनी और रंग	हिन्दी	1:14 am	3:44 am	6:15 am	8:45 am	11:15 am	1:46 pm	4:16 pm	6:46 pm	9:17 pm	11:47 pm
8	Social science	Ch-2: New King & Kingdom	English	1:30 am	4:00 am	6:31 am	9:01 am	11:31 am	2:02 pm	4:32 pm	7:02 pm	9:33 pm	NA
9	Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिन्दी	1:50 am	4:21 am	6:51 am	9:21 am	11:52 am	2:22 pm	4:52 pm	7:23 pm	9:53 pm	NA
सोमवार, 13 फ़रवरी 2023 Monday, 13 February 2023													
1	विज्ञान	पाठ-10: जीवों में श्वसन	हिन्दी	12:00 am	2:29 am	4:59 am	7:29 am	9:59 am	12:29 pm	2:59 pm	5:29 pm	7:59 pm	10:29 pm
2	Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-6	हिन्दी	12:18 am	2:48 am	5:18 am	7:48 am	10:18 am	12:48 pm	3:18 pm	5:48 pm	8:18 pm	10:48 pm
3	सामाजिक विज्ञान	पाठ-3: हमारी बदलती पृथ्वी	हिन्दी	12:37 am	3:07 am	5:37 am	8:07 am	10:37 am	1:07 pm	3:37 pm	6:07 pm	8:37 pm	11:07 pm
4	योग	वृक्षासन	हिन्दी	12:56 am	3:25 am	5:55 am	8:25 am	10:55 am	1:25 pm	3:55 pm	6:25 pm	8:55 pm	11:25 pm
5	Storytelling/Value Education	I have got 10 little fingers	English	12:58 am	3:28 am	5:58 am	8:28 am	10:58 am	1:28 pm	3:58 pm	6:28 pm	8:58 pm	11:28 pm
6	English	English, Ch-7: Dad and the cat and the tree	English	1:07 am	3:37 am	6:07 am	8:37 am	11:07 am	1:37 pm	4:07 pm	6:37 pm	9:07 pm	11:37 pm
7	General Awareness	Segregation chip-chop	English	1:31 am	4:01 am	6:31 am	9:01 am	11:31 am	2:01 pm	4:31 pm	7:01 pm	9:31 pm	NA



8	Mathematics	Ch-3: Data Handling(Part-2)	English	1:43 am	4:13 am	6:43 am	9:13 am	11:43 am	2:13 pm	4:42 pm	7:12 pm	9:42 pm	NA
9	Vocational	केश सौंदर्य उपकरणों का परिचय	हिन्दी	2:04 am	4:34 am	7:04 am	9:34 am	12:04 pm	2:34 pm	5:04 pm	7:34 pm	10:04 pm	NA
मंगलवार, 14 फ़रवरी 2023 Tuesday, 14 February 2023													
1	गणित	पाठ-3: आँकड़ों का प्रबंधन भाग -2	हिन्दी	12:00 am	2:30 am	5:00 am	7:30 am	10:00 am	12:30 pm	3:00 pm	5:30 pm	8:00 pm	10:30 pm
2	हिन्दी	वसंत-2, पाठ-5: मिठाईवाला भाग-1	हिन्दी	12:44 am	3:14 am	5:44 am	8:14 am	10:44 am	1:14 pm	3:44 pm	6:14 pm	8:45 pm	11:15 pm
3	Storytelling/ Value Education	आम की टोकरी	हिन्दी	1:06 am	3:36 am	6:06 am	8:36 am	11:06 am	1:36 pm	4:06 pm	6:36 pm	9:06 pm	11:36 pm
4	Social science	Ch-3: Our Changing Earth	English	1:10 am	3:41 am	6:11 am	8:41 am	11:11 am	1:41 pm	4:11 pm	6:41 pm	9:11 pm	11:41 pm
5	योग	अर्ध चक्रासन	हिन्दी	1:30 am	4:00 am	6:30 am	9:00 am	11:30 am	2:00 pm	4:30 pm	7:00 pm	9:30 pm	NA
6	Science	Ch-6: Physical Changes	English	1:32 am	4:02 am	6:32 am	9:02 am	11:32 am	2:02 pm	4:32 pm	7:02 pm	9:32 pm	NA
7	Vocational	घर पर बनाए हर्बल शैम्पू	हिन्दी	1:56 am	4:26 am	6:56 am	9:26 am	11:56 am	2:26 pm	4:56 pm	7:26 pm	9:56 pm	NA
8	Vocational	Electricity and its importance	English	2:20 am	4:50 am	7:20 am	9:50 am	12:20 pm	2:50 pm	5:20 pm	7:50 pm	10:20 pm	NA
बुधवार, 15 फ़रवरी 2023 Wednesday, 15 February 2023													
1	विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन (भाग-1)	हिन्दी	12:00 am	2:32 am	5:04 am	7:36 am	10:09 am	12:41 pm	3:13 pm	5:46 pm	8:18 pm	10:50 pm
2	उर्दू	ईदगाह	हिन्दी	12:28 am	3:00 am	5:33 am	8:05 am	10:37 am	1:09 pm	3:42 pm	6:14 pm	8:46 pm	11:19 pm
3	Storytelling/ Value Education	मियाँ गुमसुम और बत्तो रानी-9	हिन्दी	12:56 am	3:29 am	6:01 am	8:33 am	11:05 am	1:38 pm	4:10 pm	6:42 pm	9:15 pm	11:47 pm
4	Social science	Ch-3: The Delhi Sultans	English	1:16 am	3:48 am	6:20 am	8:53 am	11:25 am	1:57 pm	4:30 pm	7:02 pm	9:34 pm	NA
5	Mathematics	Ch-4: Simple Equations	English	1:41 am	4:13 am	6:45 am	9:18 am	11:50 am	2:22 pm	4:55 pm	7:27 pm	9:59 pm	NA
6	Vocational	Feather Stitch	English	2:07 am	4:39 am	7:12 am	9:44 am	12:16 pm	2:49 pm	5:21 pm	7:53 pm	10:26 pm	NA
7	Vocational	Hand Embroidery Part B	English	2:13 am	4:45 am	7:17 am	9:50 am	12:22 pm	2:54 pm	5:27 pm	7:59 pm	10:31 pm	NA
बृहस्पतिवार, 16 फ़रवरी 2023 Thursday, 16 February 2023													
1	गणित	पाठ-4: सरल समीकरण	हिन्दी	12:00 am	2:30 am	5:00 am	7:30 am	10:00 am	12:30 pm	3:00 pm	5:31 pm	8:01 pm	10:31 pm
2	सामाजिक विज्ञान	पाठ-2: नए राजा और उनके राज्य	हिन्दी	12:39 am	3:09 am	5:39 am	8:09 am	10:39 am	1:09 pm	3:40 pm	6:10 pm	8:40 pm	11:10 pm
3	Storytelling/ Value Education	अक्ल बड़ी या पूँछ	हिन्दी	1:02 am	3:32 am	6:02 am	8:33 am	11:03 am	1:33 pm	4:03 pm	6:33 pm	9:03 pm	11:33 pm
4	English	Honeycomb, Ch-8: Meadow surprises	English	1:06 am	3:36 am	6:06 am	8:36 am	11:06 am	1:37 pm	4:07 pm	6:37 pm	9:07 pm	11:37 pm
5	Storytelling/ Value Education	वो कुछ दिन	हिन्दी	1:13 am	3:43 am	6:13 am	8:43 am	11:13 am	1:44 pm	4:14 pm	6:44 pm	9:14 pm	11:44 pm



6	Cultural Heritage: Art, Music & Dance	Kala Utsav – 2019 Instrumental Music Competition: Girls: Haryana	English /हिन्दी	1:21 am	3:51 am	6:21 am	8:51 am	11:21 am	1:51 pm	4:22 pm	6:52 pm	9:22 pm	11:52 pm
7	Science	Ch-10: Respiration In Organisms	English	1:26 am	3:56 am	6:27 am	8:57 am	11:27 am	1:57 pm	4:27 pm	6:57 pm	9:28 pm	11:58 pm
8	Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिन्दी	1:50 am	4:20 am	6:51 am	9:21 am	11:51 am	2:21 pm	4:51 pm	7:21 pm	9:51 pm	NA
शुक्रवार, 17 फ़रवरी 2023 Friday, 17 February 2023													
1	विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन (भाग-1)	हिन्दी	12:00 am	2:30 am	5:00 am	7:30 am	10:00 am	12:31 pm	3:01 pm	5:31 pm	8:01 pm	10:32 pm
2	हिन्दी	वसंत-२, पाठ-5: मिठाईवाला भाग-2	हिन्दी	12:26 am	2:56 am	5:27 am	7:57 am	10:27 am	12:57 pm	3:28 pm	5:58 pm	8:28 pm	10:58 pm
3	योग	पादहस्तासन	हिन्दी	12:46 am	3:16 am	5:46 am	8:17 am	10:47 am	1:17 pm	3:47 pm	6:18 pm	8:48 pm	11:18 pm
4	Storytelling/Value Education	एक अनेक और एकता	हिन्दी	12:48 am	3:19 am	5:49 am	8:19 am	10:49 am	1:19 pm	3:50 pm	6:20 pm	8:50 pm	11:20 pm
5	Social science	Ch-6: Understanding media	English	12:55 am	3:26 am	5:56 am	8:26 am	10:56 am	1:26 pm	3:57 pm	6:27 pm	8:57 pm	11:27 pm
6	Cultural Heritage: Art, Music & Dance	Kala Utsav 2022Vocal Music-Classical (Girl)Tripura	English /हिन्दी	1:16 am	3:46 am	6:16 am	8:47 am	11:17 am	1:47 pm	4:17 pm	6:47 pm	9:18 pm	11:48 pm
7	Mathematics	Ch-4: Simple Equations	English	1:21 am	3:51 am	6:22 am	8:52 am	11:22 am	1:52 pm	4:22 pm	6:53 pm	9:23 pm	11:53 pm
8	Vocational	घर पर बनाए हार्बल शैम्पू	हिन्दी	1:47 am	4:18 am	6:48 am	9:18 am	11:48 am	2:18 pm	4:49 pm	7:19 pm	9:49 pm	NA
9	Vocational	Tools And Materials	English	2:12 am	4:42 am	7:12 am	9:42 am	12:13 pm	2:43 pm	5:13 pm	7:43 pm	10:14 pm	NA
शनिवार, 18 फ़रवरी 2023 Saturday, 18 February 2023													
1	गणित	पाठ-4: सरल समीकरण	हिन्दी	12:00 am	2:30 am	5:00 am	7:30 am	10:00 am	12:30 pm	3:00 pm	5:30 pm	8:00 pm	10:30 pm
2	संस्कृत	पाठ-1: सुभाषित -II	संस्कृत	12:39 am	3:09 am	5:39 am	8:09 am	10:40 am	1:10 pm	3:40 pm	6:10 pm	8:40 pm	11:10 pm
3	Cultural Heritage: Art, Music & Dance	Kala Utsav – 2022 –Dance Folk (Girl) Maharashtra	English /हिन्दी	1:07 am	3:37 am	6:07 am	8:37 am	11:07 am	1:37 pm	4:08 pm	6:38 pm	9:08 pm	11:38 pm
4	Social science	Ch-4: Air (Part-01)	English	1:12 am	3:42 am	6:12 am	8:42 am	11:12 am	1:42 pm	4:12 pm	6:42 pm	9:12 pm	11:43 pm
5	Cultural Heritage: Art, Music & Dance	Understanding Our Architectural Heritage	English	1:27 am	3:57 am	6:27 am	8:57 am	11:27 am	1:57 pm	4:27 pm	6:57 pm	9:27 pm	11:57 pm
6	Science	Ch-10: Respiration in Organisms	English	1:41 am	4:11 am	6:41 am	9:11 am	11:41 am	2:11 pm	4:41 pm	7:11 pm	9:41 pm	NA
7	Vocational	केश सौंदर्य उपकरणों का परिचय	हिन्दी	2:05 am	4:35 am	7:05 am	9:35 am	12:05 pm	2:35 pm	5:05 pm	7:35 pm	10:05 pm	NA

रविवार, 19 फ़रवरी 2023
Sunday, 19 February 2023

1	Physical Education	COVID 19 Awareness	English	12:00 am	2:30 am	5:00 am	7:30 am	10:00 am	12:30 pm	3:01 pm	5:31 pm	8:01 pm	10:31 pm
2	शारीरिक शिक्षा	Showing respect to sanitation workers-हिन्दी	हिन्दी	12:20 am	2:51 am	5:21 am	7:51 am	10:21 am	12:51 pm	3:21 pm	5:52 pm	8:22 pm	10:52 pm
3	Storytelling/Value Education	आज़ादी की कहानी-3	हिन्दी	12:21 am	2:51 am	5:21 am	7:51 am	10:22 am	12:52 pm	3:22 pm	5:52 pm	8:22 pm	10:52 pm
4	सामाजिक विज्ञान	पाठ-5: औरतों ने बदली दुनिया	हिन्दी	12:33 am	3:03 am	5:33 am	8:03 am	10:33 am	1:03 pm	3:34 pm	6:04 pm	8:34 pm	11:04 pm
5	सांस्कृतिक विरासत: कला, संगीत और नृत्य	Dance A Way of Expression-1	हिन्दी	1:02 am	3:32 am	6:02 am	8:32 am	11:03 am	1:33 pm	4:03 pm	6:33 pm	9:03 pm	11:33 pm
6	सामान्य जागरूकता	3 R's केंद्र और रिसायक्लिंग लेब (जीतो की वीडियो)	हिन्दी	1:31 am	4:02 am	6:32 am	9:02 am	11:32 am	2:02 pm	4:32 pm	7:03 pm	9:33 pm	NA
7	Social science	Ch-3: The Delhi Sultans	English	1:40 am	4:10 am	6:40 am	9:10 am	11:40 am	2:10 pm	4:41 pm	7:11 pm	9:41 pm	NA
8	Vocational	केश सौंदर्य उपकरणों का परिचय	हिन्दी	2:03 am	4:33 am	7:03 am	9:33 am	12:04 pm	2:34 pm	5:04 pm	7:34 pm	10:04 pm	NA
9	Vocational	Design and Tracing Methods (Heat Method)	English	2:23 am	4:53 am	7:23 am	9:53 am	12:23 pm	2:54 pm	5:24 pm	7:54 pm	10:24 pm	NA

सोमवार, 20 फ़रवरी 2023
Monday, 20 February 2023

1	विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन (भाग-1)	हिन्दी	12:00 am	2:30 am	5:00 am	7:30 am	10:00 am	12:30 pm	3:01 pm	5:31 pm	8:01 pm	10:31 pm
2	सामाजिक विज्ञान	पाठ-4: वायु	हिन्दी	12:26 am	2:56 am	5:27 am	7:57 am	10:27 am	12:57 pm	3:27 pm	5:57 pm	8:28 pm	10:58 pm
3	Storytelling/Value Education	आज़ादी की कहानी-1	हिन्दी	12:48 am	3:18 am	5:49 am	8:19 am	10:49 am	1:19 pm	3:49 pm	6:19 pm	8:50 pm	11:20 pm
4	योग	भद्रासन	हिन्दी	12:57 am	3:27 am	5:57 am	8:27 am	10:57 am	1:28 pm	3:58 pm	6:28 pm	8:58 pm	11:28 pm
5	English	Honeycomb, Ch-8: Meadow surprises	English	12:59 am	3:29 am	5:59 am	8:30 am	11:00 am	1:30 pm	4:00 pm	6:30 pm	9:00 pm	11:31 pm
6	सामान्य जागरूकता	स्वस्थ बढ़ना	हिन्दी	1:07 am	3:37 am	6:07 am	8:37 am	11:07 am	1:38 pm	4:08 pm	6:38 pm	9:08 pm	11:38 pm
7	Cultural Heritage: Art, Music & Dance	Kala Utsav 2022Vocal Music-Classical(Girl)Maharashtra	English /हिन्दी	1:11 am	3:41 am	6:11 am	8:42 am	11:12 am	1:42 pm	4:12 pm	6:42 pm	9:12 pm	11:43 pm
8	रचनात्मक गतिविधियाँ: कला और शिल्प	खिलता हुआ कमल (Blooming lotus)	हिन्दी	1:21 am	3:51 am	6:21 am	8:51 am	11:22 am	1:52 pm	4:22 pm	6:52 pm	9:22 pm	11:52 pm
9	Mathematics	Ch-4: Simple Equations	English	1:26 am	3:56 am	6:26 am	8:56 am	11:26 am	1:57 pm	4:27 pm	6:57 pm	9:27 pm	11:57 pm
10	Vocational	Tools And Materials	English	1:52 am	4:22 am	6:52 am	9:22 am	11:53 am	2:23 pm	4:53 pm	7:23 pm	9:53 pm	NA
11	Vocational	केश सौंदर्य उपकरणों का परिचय	हिन्दी	2:05 am	4:35 am	7:05 am	9:35 am	12:05 pm	2:36 pm	5:06 pm	7:36 pm	10:06 pm	NA



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मंगलवार, 21 फ़रवरी 2023 Tuesday, 21 February 2023													
1	गणित	पाठ-4: सरल समीकरण	हिन्दी	12:00 am	2:30 am	5:00 am	7:30 am	10:00 am	12:31 pm	3:01 pm	5:31 pm	8:01 pm	10:32 pm
2	हिन्दी	वसंत-२, पाठ-5: मिठाईवाला भाग-2	हिन्दी	12:39 am	3:09 am	5:39 am	8:09 am	10:40 am	1:10 pm	3:40 pm	6:10 pm	8:41 pm	11:11 pm
3	योग	वक्रासन	हिन्दी	12:57 am	3:27 am	5:57 am	8:27 am	10:58 am	1:28 pm	3:58 pm	6:28 pm	8:59 pm	11:29 pm
4	Storytelling/Value Education	बिल्ली कैसे रहने आई आदमी के साथ	हिन्दी	12:59 am	3:29 am	6:00 am	8:30 am	11:00 am	1:30 pm	4:01 pm	6:31 pm	9:01 pm	11:31 pm
5	Storytelling/Value Education	बिल्ली कैसे रहने आई आदमी के साथ	हिन्दी	1:08 am	3:39 am	6:09 am	8:39 am	11:09 am	1:39 pm	4:10 pm	6:40 pm	9:10 pm	11:40 pm
6	Social science	Ch-4: Air (Part-01)	English	1:16 am	3:46 am	6:16 am	8:46 am	11:17 am	1:47 pm	4:17 pm	6:47 pm	9:17 pm	11:48 pm
7	Science	Ch-10: Respiration In Organisms	English	1:31 am	4:01 am	6:31 am	9:01 am	11:31 am	2:02 pm	4:32 pm	7:02 pm	9:32 pm	NA
8	Vocational	केश सौंदर्य उपकरणों का परिचय	हिन्दी	1:54 am	4:25 am	6:55 am	9:25 am	11:55 am	2:26 pm	4:56 pm	7:26 pm	9:56 pm	NA
9	Vocational	Personal hygiene and Health	English	2:14 am	4:44 am	7:15 am	9:45 am	12:15 pm	2:45 pm	5:16 pm	7:46 pm	10:16 pm	NA
बुधवार, 22 फ़रवरी 2023 Wednesday, 22 February 2023													
1	विज्ञान	पाठ-11:जंतुओं और पादप में परिवहन (भाग-2)	हिन्दी	12:00 am	2:30 am	5:00 am	7:30 am	10:01 am	12:31 pm	3:01 pm	5:31 pm	8:02 pm	10:32 pm
2	उर्दू	ईदगाह	हिन्दी	12:23 am	2:54 am	5:24 am	7:54 am	10:24 am	12:55 pm	3:25 pm	5:55 pm	8:25 pm	10:56 pm
3	Social science	Ch-4: The Mughal Empire	English	12:52 am	3:22 am	5:52 am	8:22 am	10:53 am	1:23 pm	3:53 pm	6:23 pm	8:54 pm	11:24 pm
4	Mathematics	Ch-5: Lines and angles	English	1:22 am	3:52 am	6:23 am	8:53 am	11:23 am	1:54 pm	4:24 pm	6:54 pm	9:24 pm	11:55 pm
5	Vocational	Personal hygiene and Health	English	1:50 am	4:20 am	6:50 am	9:21 am	11:51 am	2:21 pm	4:51 pm	7:22 pm	9:52 pm	NA
6	Vocational	घर पर बनाए हर्बल शैम्पू	हिन्दी	2:00 am	4:30 am	7:01 am	9:31 am	12:01 pm	2:31 pm	5:02 pm	7:32 pm	10:02 pm	NA
13	General (CWSN)	Chuskit goes to School	ISL	2:22 AM	4:52 AM	7:23 AM	9:53 AM	12:23 PM	2:54 PM	5:24 PM	7:54 PM	10:25 PM	N.A.
बृहस्पतिवार, 23 फ़रवरी 2023 Thursday, 23 February 2023													
1	गणित	पाठ-5: रेखा एवं कोण	हिन्दी	12:00 am	2:30 am	5:00 am	7:30 am	10:01 am	12:31 pm	3:01 pm	5:31 pm	8:02 pm	10:32 pm
2	रचनात्मक गतिविधियाँ: कला और शिल्प	खिलता हुआ कमल (Blooming lotus)	हिन्दी	12:35 am	3:05 am	5:35 am	8:06 am	10:36 am	1:06 pm	3:36 pm	6:07 pm	8:37 pm	11:07 pm
3	सामाजिक विज्ञान	पाठ-3: दिल्ली के सुल्तान (भाग-1)	हिन्दी	12:40 am	3:10 am	5:40 am	8:10 am	10:41 am	1:11 pm	3:41 pm	6:11 pm	8:42 pm	11:12 pm
4	English	English, Ch-9: Garden snake	English	1:00 am	3:30 am	6:01 am	8:31 am	11:01 am	1:31 pm	4:02 pm	6:32 pm	9:02 pm	11:32 pm
5	Cultural Heritage: Art, Music & Dance	Kala Utsav - 2022 -Dance-Classical(Girl)Telangana	English /हिन्दी	1:08 am	3:38 am	6:09 am	8:39 am	11:09 am	1:39 pm	4:10 pm	6:40 pm	9:10 pm	11:40 pm



6	Science	Ch-11: Transportation in Animals & Plants	English	1:14 am	3:45 am	6:15 am	8:45 am	11:15 am	1:46 pm	4:16 pm	6:46 pm	9:16 pm	11:47 pm
7	Storytelling/Value Education	सुधीर तैलंग	हिन्दी	1:36 am	4:07 am	6:37 am	9:07 am	11:37 am	2:08 pm	4:38 pm	7:08 pm	9:38 pm	NA
8	Vocational	Finishing and costing of embroidered Products	English	1:53 am	4:23 am	6:54 am	9:24 am	11:54 am	2:24 pm	4:55 pm	7:25 pm	9:55 pm	NA
9	Vocational	केश सौंदर्य उपकरणों का परिचय	हिन्दी	2:05 am	4:35 am	7:05 am	9:36 am	12:06 pm	2:36 pm	5:06 pm	7:37 pm	10:07 pm	NA
शुक्रवार, 24 फ़रवरी 2023													
Friday, 24 February 2023													
1	विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन (भाग-2)	हिन्दी	12:00 am	2:30 am	5:00 am	7:30 am	10:00 am	12:30 pm	3:00 pm	5:30 pm	8:00 pm	10:31 pm
2	हिन्दी	पाठ-7: वसंत-२: पापा खो गए	हिन्दी	12:23 am	2:53 am	5:23 am	7:53 am	10:23 am	12:53 pm	3:23 pm	5:53 pm	8:24 pm	10:54 pm
3	Storytelling/Value Education	सुधीर तैलंग	हिन्दी	12:46 am	3:16 am	5:46 am	8:16 am	10:47 am	1:17 pm	3:47 pm	6:17 pm	8:47 pm	11:17 pm
4	योग	वज्रासन	हिन्दी	1:03 am	3:33 am	6:03 am	8:33 am	11:03 am	1:34 pm	4:04 pm	6:34 pm	9:04 pm	11:34 pm
5	Social science	Ch-7: Markets around us	English	1:06 am	3:36 am	6:06 am	8:36 am	11:06 am	1:36 pm	4:06 pm	6:36 pm	9:06 pm	11:37 pm
6	Storytelling/Value Education	आम की टोकरी	हिन्दी	1:20 am	3:50 am	6:20 am	8:50 am	11:21 am	1:51 pm	4:21 pm	6:51 pm	9:21 pm	11:51 pm
7	Mathematics	Ch-5: Lines and angles	English	1:23 am	3:53 am	6:23 am	8:53 am	11:23 am	1:53 pm	4:23 pm	6:53 pm	9:24 pm	11:54 pm
8	Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिन्दी	1:50 am	4:20 am	6:50 am	9:21 am	11:51 am	2:21 pm	4:51 pm	7:21 pm	9:51 pm	NA
शनिवार, 25 फ़रवरी 2023													
Saturday, 25 February 2023													
1	गणित	पाठ-5: रेखा एवं कोण	हिन्दी	12:00 am	2:30 am	5:00 am	7:30 am	10:00 am	12:30 pm	3:00 pm	5:30 pm	8:00 pm	10:30 pm
2	संस्कृत	बुद्धि बलवती	हिन्दी	12:37 am	3:07 am	5:37 am	8:07 am	10:37 am	1:07 pm	3:37 pm	6:07 pm	8:37 pm	11:07 pm
3	Storytelling/Value Education	आज़ादी की कहानी-3	हिन्दी	12:43 am	3:13 am	5:43 am	8:13 am	10:43 am	1:13 pm	3:43 pm	6:13 pm	8:43 pm	11:13 pm
4	Social science	Ch-4: Air (Part-02)	English	12:54 am	3:24 am	5:54 am	8:25 am	10:55 am	1:25 pm	3:55 pm	6:25 pm	8:55 pm	11:25 pm
5	Cultural Heritage: Art, Music & Dance	Understanding Our Architectural Heritage	English	1:14 am	3:44 am	6:14 am	8:44 am	11:14 am	1:44 pm	4:14 pm	6:44 pm	9:14 pm	11:44 pm
6	Science	Ch-11: Transportation in Animals & Plants	English	1:28 am	3:58 am	6:28 am	8:58 am	11:28 am	1:58 pm	4:28 pm	6:58 pm	9:29 pm	11:59 pm
7	Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिन्दी	1:50 am	4:20 am	6:50 am	9:20 am	11:50 am	2:20 pm	4:50 pm	7:20 pm	9:50 pm	NA
रविवार, 26 फ़रवरी 2023													
Sunday, 26 February 2023													
1	Physical Education	COVID 19 Awareness	English	12:00 am	2:30 am	5:00 am	7:30 am	10:00 am	12:30 pm	3:00 pm	5:30 pm	8:00 pm	10:30 pm



2	Storytelling/Value Education	आम की टोकरी	हिन्दी	12:22 am	2:52 am	5:22 am	7:52 am	10:23 am	12:53 pm	3:23 pm	5:53 pm	8:23 pm	10:53 pm
3	सामाजिक विज्ञान	पाठ-6: संचार माध्यमों को समझना (Part-1)	हिन्दी	12:25 am	2:55 am	5:25 am	7:55 am	10:25 am	12:55 pm	3:25 pm	5:55 pm	8:26 pm	10:56 pm
4	सांस्कृतिक विरासत: कला, संगीत और नृत्य	Dance A Way of Expression-1	हिन्दी	12:40 am	3:11 am	5:41 am	8:11 am	10:41 am	1:11 pm	3:41 pm	6:11 pm	8:41 pm	11:11 pm
5	Cultural Heritage: Art, Music & Dance	Kala Utsav 2022Vocal Music-Classical(Girl)Maharashtra	English /हिन्दी	1:10 am	3:40 am	6:10 am	8:40 am	11:10 am	1:40 pm	4:11 pm	6:41 pm	9:11 pm	11:41 pm
6	सामान्य जागरूकता	रोशनी और रंग	हिन्दी	1:18 am	3:48 am	6:18 am	8:48 am	11:19 am	1:49 pm	4:19 pm	6:49 pm	9:19 pm	11:49 pm
7	Social science	Ch-4: The Mughal Empire	English	1:34 am	4:04 am	6:34 am	9:04 am	11:34 am	2:05 pm	4:35 pm	7:05 pm	9:35 pm	NA
8	Vocational	केश सौंदर्य उपकरणों का परिचय	हिन्दी	2:05 am	4:35 am	7:05 am	9:35 am	12:05 pm	2:35 pm	5:05 pm	7:35 pm	10:05 pm	NA

सोमवार, 27 फ़रवरी 2023
Monday, 27 February 2023

1	विज्ञान	पाठ-11:जंतुओं और पादप में परिवहन (भाग-2)	हिन्दी	12:00 am	2:30 am	5:00 am	7:30 am	10:00 am	12:30 pm	3:00 pm	5:30 pm	8:00 pm	10:30 pm
2	सामाजिक विज्ञान	पाठ-05: जल	हिन्दी	12:23 am	2:53 am	5:23 am	7:53 am	10:23 am	12:53 pm	3:23 pm	5:53 pm	8:23 pm	10:53 pm
3	Storytelling/Value Education	आज़ादी की कहानी-1	हिन्दी	12:43 am	3:13 am	5:43 am	8:13 am	10:44 am	1:14 pm	3:44 pm	6:14 pm	8:44 pm	11:14 pm
4	English	English, Ch-9: Garden snake	English	12:52 am	3:22 am	5:52 am	8:22 am	10:52 am	1:22 pm	3:52 pm	6:22 pm	8:52 pm	11:22 pm
5	Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-3	हिन्दी	1:00 am	3:30 am	6:00 am	8:30 am	11:00 am	1:30 pm	4:00 pm	6:30 pm	9:00 pm	11:30 pm
6	सामान्य जागरूकता	स्वस्थ बढ़ना	हिन्दी	1:18 am	3:48 am	6:18 am	8:48 am	11:19 am	1:49 pm	4:19 pm	6:49 pm	9:19 pm	11:49 pm
7	रचनात्मक गतिविधियाँ: कला और शिल्प	खिलता हुआ कमल (Blooming lotus)	हिन्दी	1:24 am	3:54 am	6:24 am	8:55 am	11:25 am	1:55 pm	4:25 pm	6:55 pm	9:25 pm	11:55 pm
8	योग	शशकासन	हिन्दी	1:29 am	3:59 am	6:29 am	8:59 am	11:29 am	1:59 pm	4:29 pm	7:00 pm	9:30 pm	NA
9	Mathematics	Ch-5: Lines and angles	English	1:31 am	4:01 am	6:32 am	9:02 am	11:32 am	2:02 pm	4:32 pm	7:02 pm	9:32 pm	NA
10	Vocational	Design and Tracing Methods (Light Method)	English	1:59 am	4:29 am	6:59 am	9:29 am	11:59 am	2:29 pm	4:59 pm	7:29 pm	10:00 pm	NA
11	Vocational	केश सौंदर्य उपकरणों का परिचय	हिन्दी	2:05 am	4:35 am	7:05 am	9:35 am	12:05 pm	2:35 pm	5:05 pm	7:35 pm	10:05 pm	NA

मंगलवार, 28 फ़रवरी 2023
Tuesday, 28 February 2023

1	गणित	पाठ-5: रेखा एवं कोण	हिन्दी	12:00 am	2:30 am	5:00 am	7:30 am	10:00 am	12:30 pm	3:00 pm	5:30 pm	8:00 pm	10:30 pm
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2	हिन्दी	पाठ-7: वसंत-२: पापा खो गए	हिन्दी	12:36 am	3:06 am	5:36 am	8:06 am	10:36 am	1:06 pm	3:36 pm	6:06 pm	8:36 pm	11:06 pm
3	General	National Science Day- CV Raman	English	12:58 am	3:28 am	5:58 am	8:29 am	10:59 am	1:29 pm	3:59 pm	6:29 pm	8:59 pm	11:29 pm
4	Social science	Ch-4: Air (Part-02)	English	1:21 am	3:51 am	6:21 am	8:51 am	11:21 am	1:51 pm	4:21 pm	6:51 pm	9:21 pm	11:51 pm
5	Science	Ch-11: Transportation in Animals & Plants	English	1:43 am	4:13 am	6:43 am	9:13 am	11:43 am	2:13 pm	4:43 pm	7:13 pm	9:43 pm	NA
6	Vocational	केश सौंदर्य उपकरणों का परिचय	हिन्दी	2:05 am	4:35 am	7:05 am	9:35 am	12:05 pm	2:35 pm	5:05 pm	7:35 pm	10:05 pm	NA



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